WHAT IS CLAIMED IS:

1. A dosimeter comprising:

a support; at least one first region disposed on said support, the first region containing alanine and a binder; at least one second region disposed on said support; wherein the first region is capable of measuring an absorbed dose of ionizing radiation and the second region bears an identification mark on a substrate.

- 2. The dosimeter of claim 1 wherein the identification mark is a bar code, a series of alpha-numeric characters or a combination thereof.
- 3. The dosimeter of claim 1 wherein the substrate for the identification mark is a label.
- 4. The dosimeter of claim 1 wherein the substrate for the identification mark is a label which is adhered to the support by means of a thermally activated adhesive.
- 5. The dosimeter of claim 1 wherein the substrate for the identification mark is a label the topmost surface of which is coated with an intermediate layer and a dark-colored layer.
- 6. The dosimeter of claim 1 wherein the substrate for the identification mark is a label the topmost surface of which is coated with an intermediate layer and a dark-colored layer which is black.
- 7. The dosimeter of claim 1 wherein the substrate for the identification mark is an intermediate layer and a dark-colored layer coated directly onto the support.

- 8. The dosimeter of claim 1 wherein the substrate for the identification mark extends partially over the alanine-containing layer.
- 9. The dosimeter of claim 1 wherein the identification mark is uncovered/revealed through the use of a laser.
- 10. The dosimeter of claim 1 wherein the identification mark is printed onto a strip.